

Repair vs Correct Decision Tool

Quick Guide for New Estheticians



For use with the Professional Treatment Planning Guide
By Robin Lee
Holistic Esthetician • Educator • Writer

Use this BEFORE selecting treatment intensity.

Choose REPAIR if you see ANY of the following:

- ◆ Redness or inflammation
- ◆ Burning, stinging, or sensitivity
- ◆ Tight, flaky, or fragile skin
- ◆ Over-exfoliation signs
- ◆ Compromised barrier
- ◆ Recent aggressive treatments
- ◆ Client unsure or inconsistent with home care
- ◆ First visit with unknown skin response

✓ Recommended Approach

- Gentle cleansing
- Barrier support
- Hydration
- Calming ingredients
- Minimal or no exfoliation
- LED (if available)
- Education + routine stabilization

👉 Goal: Make skin comfortable and resilient

Choose CORRECT only if ALL are true:

- ✓ Skin appears calm and stable
- ✓ No significant irritation
- ✓ Barrier intact
- ✓ Client tolerates products well
- ✓ No recent contraindicated procedures
- ✓ Home care reasonably consistent

✓ **Possible Corrective Focus**

- Acne treatment
- Pigment reduction
- Texture improvement
- Controlled exfoliation
- Advanced modalities (within scope)

👉 **Goal: Create targeted improvement**

⚠️ When Unsure → **ALWAYS CHOOSE REPAIR**

Calming first never harms the skin. Over-treating can set progress back weeks.

🧠 **Beginner Golden Rule: Repair → Stabilize → Correct → Maintain**

Professional results come from sequence, not intensity.