

# The Esthetician Treatment Room Reset

A Pro Practice Refresh Guide for Licensed Estheticians



Created by Euroskinsource A division of The Euro Institute of Skin Care

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A complimentary guide for licensed estheticians to simplify routines, sharpen results, and streamline ordering—without overwhelm.

## Welcome - you're in the right place.

This guide is your quick reset: simple tools to help you refine your backbar, tighten your routines, and move forward at your own pace—whether you're rebuilding confidence after a busy season, streamlining your retail recommendations, or just ready to feel more organized in your treatment room.

Euroskinsource was created to support licensed professionals with education-first guidance, results-driven products, and practical resources you can actually use.

### Inside you'll find:

- A fast "treatment room reset" checklist
- A simple way to organize your backbar by purpose
- A client-friendly routine builder you can reuse
- A reorder system that keeps you stocked without stress
- A quick map for how to work with us (registration + ordering)

# The 10-Minute Reset Checklist

## The 10-Minute Treatment Room Reset

Use this anytime you feel scattered.

### Clear + Reset

- Wipe down surfaces and reset your tray
- Remove expired/open-too-long products
- Pull 5 "core" items you use most often
- Put everything else back into categories (cleanse / tone / treat / hydrate / protect)

### Simplify

- Choose one go-to routine per skin type you see most
- Identify 1 "hero" product per category (cleanser, toner, serum, moisturizer, mask)

### Reorder

- Note SKUs you're low on
- Decide what you need in the next 7-10 days
- Place your reorder list in one spot (phone note, clipboard, or doc)

Pro Tip: If your backbar feels chaotic, it's usually not the number of products—it's the lack of a simple structure.

## Backbar Organization Map

Organize by "What it does" (not by brand hype)

Use these five buckets:

1. Cleanse: (remove debris, makeup, buildup)
2. Balance: (tone, hydrate, prep)
3. Treat: (target concerns: breakouts, texture, pigmentation, aging)
4. Support: (hydrate, soothe, strengthen barrier)
5. Finish/Protect: (SPF, sealing oils, protective layers)

*Your goal: You should be able to build a routine in 30 seconds by pulling one from each bucket.*



*Consistency creates results*

## Routine Builder (Client-Friendly)

### The 5-Step Routine Builder

Use this during consults. Keep it simple.

Client goal today: \_\_\_\_\_

Step 1 — Cleanse: \_\_\_\_\_

Step 2 — Tone: \_\_\_\_\_

Step 3 — Treat: \_\_\_\_\_

Step 4 — Moisturize: \_\_\_\_\_

Step 5 — Protect (AM): \_\_\_\_\_

Notes (sensitivity, seasonal shifts, etc.): \_\_\_\_\_

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Retail recommendation (optional): \_\_\_\_\_  
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## Skin-Type Quick Guide

### Dry / Dehydrated

- Focus: hydration + barrier support
- Choose: gentle cleanser + hydrating toner + serum + supportive moisturizer/oil

### Oily / Congested

- Focus: clarify + balance (without stripping)
- Choose: targeted cleanser + clarifying toner + lightweight serum/gel + finishing hydration

### Sensitive / Reactive

- Focus: calm + protect
- Choose: mild cleanser + soothing toner + minimal actives + barrier support

### Mature / Photo-stressed

- Focus: refine texture + support elasticity
- Choose: treatment serum + supportive moisture + consistent SPF guidance

## Reorder System (Stress-Free)

The "Low Stock List" (works even without online ordering)

Choose your method and stick with it:

**Option A:** One Master Note (fastest)

- Keep a note titled: Euroskinsource Reorder
- Every time you run low, add: product name + SKU + size

**Option B:** Clipboard (treatment room friendly)

- One sheet, one spot, updated weekly

**Option C:** Monthly Mini-Audit (best for control-minded owners)

- First week of the month: check your top 10 essentials
- Reorder what's needed only

## Your Top 10 Essentials

1. _____	SKU: _____
2. _____	SKU: _____
3. _____	SKU: _____
4. _____	SKU: _____
5. _____	SKU: _____
6. _____	SKU: _____
7. _____	SKU: _____
8. _____	SKU: _____
9. _____	SKU: _____
10. _____	SKU: _____

## Pro Only Support for Estheticians

You don't have to do it all at once. Use this guide the way it was intended, as a reset. One page at a time. One routine at a time. One reorder list at a time. Simple tools you can return to whenever you need clarity, consistency, and forward movement in your treatment room.

If you'd like support selecting products or placing an order, we're here.

### Next Steps

*Step 1* — [Submit your license](#) once so we can verify your professional access.

*Step 2* — [Browse products](#) + Build Your List.

Browse products and note SKUs/sizes. (We'll help if you're unsure.)

*Step 3* — [Place Your Order](#). Email or call to place your order and confirm shipping details.

### You'll receive:

- wholesale access confirmation
- pricing info after verification
- ongoing product + education support

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